Sailing with "E"s.

ENGAGE
EMPLOYER
EXCEL

2016 AWS Fall Conference

OCTOBER 15, 2016
WASHINGTON, D.C.
Welcome

Thirty-five years ago, a pioneer ship embarked on an uncharted journey captained by visionary Dr. Patricia Numann. Along with her seventeen person crew of living legends, the newly formed Association of Women Surgeons navigated the world to Engage and Empower women surgeons to Excel in their professional and personal life.

The organization has grown to over 1,800 members with representation from over 15 countries. Our proud history has explored many new territories — 17 female Department Chairs and 3 former chairs, 3 Deans of Medical Schools, countless Governors of the American College of Surgeons (ACS), a first and a second Vice President of the ACS, 4 Board of Regents, and 2 past Presidents of ACS.

Join us as we sail into Washington DC with “E”s (Engage, Empower, Excel) and celebrate with gratitude our rich thirty-five year history.

Anchors aweigh!

Christine Laronga, MD, FACS
AWS President-Elect & Conference Planning Committee Chair

JOIN THE CONVERSATION

Find us on Facebook, Twitter and Blogger

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twitter.com/womensurgeons
womensurgeons.blogspot.com
linkedin.com/company/association-of-women-surgeons

womensurgeons.org/about-us/conference
2016 AWS Conference

35 Years with AWS
Saturday, October 15, 2016
Renaissance Washington, DC Downtown Hotel
999 Ninth Street NW, Washington, DC

7:00 AM
Registration Open

7:15 AM – 8:20 AM
Starr Poster Contest for medical students and residents (Judges and silent observers only)
Commemorative Conference T-shirts, AWS Fleece jackets and vests will be available for ordering.
“Navigating Your Surgical Career – The AWS Guide to Success” will be available for purchase and signing by Dr Patricia J. Numann along with Editors Dr. Susan Pories, Dr. Nancy Gantt, Dr. Christine Laronga, and Dr. Dixie Mills.

8:20 AM – 8:55 AM
Starr Poster Contest for medical students and residents (Open to All)
The Starr Poster Contest, named for Dr. Nina Starr Braunwald, is designed to facilitate interaction and idea exchange between students interested in surgery, surgical residents, and faculty members of various institutions. Dr Starr Braunwald was the first woman to train as a general surgeon at New York’s Bellevue Hospital from 1952-1955. She was the first woman to be certified by the American Board of Thoracic Surgery and the first woman to be elected to the American Association of Thoracic Surgery. In 1960 she led the operative that transplanted the first artificial human mitral valve replacement, which she designed and fabricated. Her accolades accumulated thereafter. In her honor, please join us as we witness the next generation of talented work of AWS students, surgical residents and fellows!

9:00 AM – 9:10 AM
Opening Remarks

9:10 AM – 9:20 AM
Scientific Session
The best papers from the AWS submissions to the American Journal of Surgery from this year will be presented. In addition, we will hear from two AWSF/Ethicon Fellowship recipients.

Learning Objectives
• Discuss the utility of sacral neuromodulation for fecal incontinence after rectal surgery for cancer
• Understand how exosomal RNA profiles differentiate patients with melanoma that respond to immunotherapy from those that don’t respond

ETHICON FELLOWSHIP Awardee 2014: Heather Yeo MD Weill Cornell Medicine/New York-Presbyterian Hospital Clinical trial on the efficacy of sacral neuromodulation (SNM) with Interstim for fecal incontinence following surgery for low rectal cancers with sphincter preservation.

ETHICON FELLOWSHIP Awardee 2016: Genevieve M. Boland MD Massachusetts General Hospital Analysis of circulating exosomal RNA profiles in melanoma responders/non-responders to immunotherapy.
9:20 AM – 10:10 AM

**Scientific Session 2**

**Learning Objectives**

- Evaluate whether a virtual reality based assessment in fine motor skills can be used as a valid and objective assessment of central line skills
- Understand the factors determining primary tumor resection in metastatic colon cancer
- Discuss the changing representation of women surgeons along the pathway to surgical academia over time
- Examine how gender plays into the advancement of a women’s career in academic surgery

**PRESENTER:** Carla Pugh, MD *University of Wisconsin School of Medicine and Public Health*

*Can a Virtual Reality Assessment of Fine Motor Skill Predict Successful Central Line Insertion?*

**PRESENTER:** Pasithorn Suwanabol, MD *University of Michigan Health Systems*

*Variation in Primary Site Resection Practices for Advanced Colon Cancer: A Study Using the National Cancer Data Base*

**PRESENTER:** Maureen Moore, MD *New York Presbyterian Hospital*

*The Climb to Break the Glass Ceiling in Surgery: Trends in Women Progressing from Medical School to Surgical Training and Academic Leadership from 1994 to 2015*

**PRESENTER:** Fiona Webster, PhD *University of Toronto*

*The Erasure of Gender in Academic Surgery: A Qualitative Study*

10:20 AM – 10:30 AM

**Chair Yoga**

Relax with one of our conference’s most popular activities!
Panel Presentation I Finding the Right Port in the Storm

Moderated by: Susan Pories, MD, FACS

Presenters: Patricia Numann, MD, FACS | Battleship: Overcoming barriers and solving problems
Rosemary Kozar, MD, PhD, FACS | ACS stance on policies and procedures for parental leave
Julie Freischlag, MD, FACS | Uncharted Territories: taking on male dominated leadership roles
Barbara Bass, MD, FACS | Abandoning Ship: how to recognize burnout and what to do

This session will be comprised of four 10-minute presentations addressing the scenario of “What do I do if I find myself in trouble?” and provide tips and tricks for navigating a solution. Examples of situations creating “Trouble” can be within your department, practice, institution, field, leadership or work-life integration. Each panelist will speak on a specific topic such as “Overcoming Barriers And Solving Problems”, “ACS Stance On Policies And Procedures For Parental Leave” regarding pregnancy and maternity leave policies for residents and young faculty, “Uncharted Territories: Taking On Male Dominated Leadership Roles” as a female leader, “Abandoning Ship (Burnout): How To Recognize and What To Do” when one is experiencing burnout. Then each panelist will comment on the other panelist’s presentation to offer additional solutions. Finally each panelist will be asked how they measure their own success.

Learning Objectives

• Recognize the early warning signs of burnout as a surgeon and how to recover
• Understand the policies and procedures as set forth by the American College of Surgeons Women In Surgery committee regarding maternity leave policy
• Learn tips and tricks for navigating a solution when one find’s themselves in trouble at their institution (work environment)
• Recognize some of the challenges facing women surgeon leaders in a predominantly male dominated field

Susan Pories, MD, FACS  Susan Pories is the Medical Director of The Hoffman Breast Center at Mount Auburn Hospital in Cambridge, MA. Associate Professor of Surgery, Harvard Medical School.

Patricia Numann, MD, FACS  Dr. Patricia Numann retired after nearly 40 years on the faculty of SUNY Upstate Medical University in Syracuse NY where, while practicing general, endocrine and breast surgery, she had numerous roles in administration and education. Following her Presidency of the American College of Surgeons from 2011-2012 she has continued to help women in other countries pursue surgical careers and achieve their professional goals which also addresses surgical access issues.

Rosemary Kozar, MD, PhD, FACS  Dr. Rosemary Kozar is currently Professor of Surgery and Director of Translational Research and Associate Director of Research at Shock Trauma Anesthesia (STAR) Research at the University of Maryland R. Adams Cowley Shock Trauma Center.

Julie Freischlag, MD, FACS  Julie A. Freischlag is the Vice Chancellor for Human Health Sciences and Dean of the School of Medicine at UC Davis.

Barbara Bass, MD, FACS  Barbara Lee Bass, M.D. is the chair of the department of surgery at The Methodist Hospital in Houston, Texas and Professor of Surgery at Weill Cornell Medical College.
2016 AWS Conference

35 Years with AWS
Saturday, October 15, 2016
Renaissance Washington, DC Downtown Hotel
999 Ninth Street NW, Washington, DC

11:30 AM – 11:50 AM
Annual Business Meeting
Find out what is happening with your organization and participate in election of the new officer slate.

11:50 AM – 12:50 PM
Lunch with Corporate Partners and Posters on Display
Meet our conference sponsors and exhibitors. Commemorative Conference T-shirts, AWS Fleece jackets and vests will be available for ordering. “Navigating Your Surgical Career — The AWS Guide to Success” will be available for purchase and signing by Dr Patricia J. Numann along with Editors Dr. Susan Pories, Dr. Nancy Gantt, Dr. Christine Laronga and Dr. Dixie Mills.

12:50 PM – 1:50 PM
KEYNOTE ADDRESS: Leaning Forward: Leadership Lessons from the Battlefield to the Boardroom
Presenter: VADM (Vice Admiral) Raquel Bono, MD
Commissioned in June 1979, Vice Admiral Raquel Bono obtained her baccalaureate degree from the University of Texas at Austin and attended medical school at Texas Tech University. She completed a surgical internship and a General Surgery residency at Naval Medical Center Portsmouth, and a Trauma and Critical Care fellowship at the Eastern Virginia Graduate School of Medicine in Norfolk.

Shortly after training, Bono saw duty in Operations Desert Shield and Desert Storm as head, Casualty Receiving, Fleet Hospital 5 in Saudi Arabia. Over the subsequent 25 years, she has ascended the ranks within the Navy and held numerous staff and leadership positions including director for Medical-Surgical Services at National Naval Medical Center, Bethesda, commanding officer of Naval Hospital Jacksonville, Florida, and Chief of the Navy Medical Corps. She currently serves as Director of the Defense Health Agency. VADM Bono is a diplomate of the American Board of Surgery and has an Executive MBA from the Carson College of Business at Washington State University.

Learning Objectives
• Identify universal leadership traits that can be applied in any setting
• Discuss leadership qualities they already possess, as well as areas which they could challenge themselves to become more effective leaders in the future
• Discuss various approaches to leadership and why some resonate more than others
• Reflect on how key experiences or figures from their past brought them to this point in their career and shaped their outlook on women in the workplace
• Identify specific goals to guide their continued personal and professional growth

1:55 PM – 2:55 PM
Workshop A: Stocking Your Ship
This session will focus on practical ways to minimize stress in your life with a plethora of real world tips and tricks. “In the Workplace” will focus on time management and efficiency. “Take Care of Yourself” is dedicated to maintaining a healthy lifestyle for you and your family. And of course, we’ve got you covered in our mini-session on “Dressing Your Best.” Speakers for the session will include Amy Vertrees MD; Nancy Gantt, MD, FACS; AJ Copeland, MD, FACS; Kandace McGuire, MD and Chantal Reyna, MD.

Learning Objectives
• Identify currently available resources to improve efficiency at the office
• Learn available services to expedite special occasion and day-to-day professional attire
• Discuss some time saving ways to grocery shop and prepare meals for healthy living
• Learn how to incorporate various exercise schema into one’s busy day
Workshop B: Ship Maintenance (Mindfulness/Burnout)

Presenter: Sharmila Dissanaike, MD

Dr. Sharmila Dissanaike was recently named Chair for the Department of Surgery at Texas Tech University Health Science School of Medicine. By training, she is a critical care, trauma and burn surgeon and her research focuses on mindfulness and burnout amongst physicians. Her workshop session entitled “Ship Maintenance” will provide surgeons with awareness and useful, implementable strategies to prevent burnout.

Learning Objectives

- Understand the prevalence of burnout among physicians and surgeons in the US
- Discuss why resilience and capacity are important to prevent burnout
- Implement a variety of personal wellness strategies to protect against burnout
- List personal traits that can be developed, which are associated with success and high functionality in professional and personal lives

Direct Networking (Speed Dating) with Wine and Cheese Mixer

Celebrate the day and network with friends — old and new. This session will have multiple tables set up with a specific topic (burnout, making and maintaining friends, mentorship, meeting women surgeon leaders, renegotiating your worth, medical student table, resident and fellow table, etc.). Each attendee will have an opportunity to rotate 20-minutes at a time at 3 separate tables. Wine and cheese will be available during the session to make conversations flow.

The Association of Women Surgeons wishes to recognize and thank the following companies for their marketing support:

- Medtronic
- Ethicon
- Stryker
- Genomic Health
- Scanlan International

Exhibitors:

- Au Pair in America
- CBL Path
- Charles Schwab
- Genentech
- Morgan Stanley
35 Years with AWS
Monday, October 17, 2016
Renaissance Washington, DC Downtown Hotel
999 Ninth Street NW, Washington, DC

AWS Foundation 35th Anniversary Awards Dinner

6:00PM – 7:30PM
Reception for Women in Surgery

The American College of Surgeons’ Women in Surgery Committee (WiSC) is generously sponsoring a reception for women surgeons attending the Clinical Congress and their guests. Pre-registration is not required.

7:30PM – 10:00PM
AWS Foundation Awards Dinner

Join us for the 2016 AWS Foundation Awards Dinner as we recognize outstanding individuals who truly have made a difference for women in surgery. This year AWSF will recognize winners of the: The Nina Starr Braunwald Award, the Olga Jonasson Distinguished Member Award, the AWS Past Presidents’ Honorary Member Award, the Hilary Sanfey Outstanding Resident Award, and the Patricia Numann Medical Student Award.

Individual dinner tickets – $175/$200
Sponsor a RESERVED Table of 10 – $3,500

Table sponsorship contributions will support the AWS Foundation mission and the AWS conference. Table sponsorships (minus the cost of dinner) are tax deductible.

GENERAL INFORMATION

Hotel Information
Reserve your hotel room using the ACS Clinical Congress materials. The ACS Website at www.FACS.org contains all the information you need to reserve your hotel room.

Cancellation Policy
All cancellations must be received in writing by September 30, 2016 and will be refunded less a 20% processing fee (of total amount paid). Refunds will not be issued after this date.

Attire
Come as you are — everything from yoga clothes to business attire is welcome.
2016 AWS Conference

35 Years with AWS
Tuesday, October 18
Renaissance Washington, DC Downtown Hotel
999 Ninth Street NW, Washington, DC

8:00AM – 10:00AM
AWS Networking Breakfast

Members and non-members are invited to a complimentary breakfast on Tuesday morning. Take this opportunity to meet and network with peers and mentors. No registration required. The breakfast will be held at the Renaissance Washington, DC Downtown Hotel at 999 9th Street NW in Washington DC. Room details will be provided at a later date.

CONTINUING MEDICAL EDUCATION CREDIT INFORMATION

Accreditation
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Surgeons and Association of Women Surgeons. The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
The American College of Surgeons designates this live activity for a maximum of 5.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the AMA PRA Category 1 Credits™ listed above, a maximum of 3.00 credits meet the requirements for Self-Assessment.

REGISTER ONLINE
womensurgeons.org/about-us/conference
AWS WOULD LIKE TO THANK THE 2015 CONFERENCE PLANNING COMMITTEE:

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
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<tbody>
<tr>
<td>Christine Laronga, MD, FACS</td>
<td>H. Lee Moffitt Cancer Center &amp; Research Institute</td>
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<td>AJ Copeland, MD, FACS</td>
<td>Uniformed Services University of the Health Sciences</td>
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<td>Nancy L. Gantt, MD, FACS</td>
<td>Northeast Ohio Medical University</td>
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<td>Celeste Hollands, MD, FACS, FAAP</td>
<td>University of South Alabama Children’s and Women’s Hospital</td>
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<tr>
<td>Susan Hoover, MD, FACS</td>
<td>The Center for Women’s Oncology at Moffitt Cancer Center</td>
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<td>Marybeth Hughes, MD, FACS</td>
<td>National Cancer Institute</td>
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<td>Anjali Kumar, MD, MPH, FACS, FASCRS</td>
<td>Virginia Mason Medical Center</td>
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<td>Irene Lo, MD</td>
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<td>Nell Maloney Patel, MD</td>
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<td>Mary Maniscalco-Theberge, MD, FACS</td>
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